

Review the CFAT!

Complete Canadian Forces
Aptitude Test Study Guide And
Practice Test Questions



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We strongly recommend that students check with exam providers for up-to-date information regarding test content.

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Getting Started

CONGRATULATIONS! By deciding to take the Canadian Forces Aptitude Test (CFAT), you have taken the first step toward a great future! Of course, there is no point in taking this important examination unless you intend to do your best to earn the highest grade you possibly can. That means getting yourself organized and discovering the best approaches, methods and strategies to master the material. Yes, that will require real effort and dedication on your part but if you are willing to focus your energy and devote the study time necessary, before you know it you will be opening that letter of acceptance to the Canadian Armed Services.

We know that taking on a new endeavour can be a little scary, and it is easy to feel unsure of where to begin. That's where we come in. This study guide is designed to help you improve your test-taking skills, show you a few tricks of the trade and increase both your competency and confidence.

The Canadian Armed Forces Aptitude Test

The CFAT has 3 sections, Verbal Skills, including basic vocabulary and verbal analogies, Spatial Ability, where you are asked to recognize shapes and patterns, and Problem Solving, which includes, word problems (arithmetic reasoning), sequences and non-verbal reasoning problems, where you are asked to recognize shapes after some transformation, for example, rotation.

While we seek to make our guide as comprehensive as possible, note that like all entrance exams, the CFAT Exam might be adjusted at some future point. New material might be added, or content that is no longer relevant or applicable might be removed. It is always a good idea to give the materials you receive when you register to take the CFAT a careful review.

How this Study Guide is Organized

This study guide has three components. The first section, Self-Assessments, will help you recognize your areas of strength and weaknesses. This will be a boon when it comes to managing your study time most efficiently; there is not much point of focusing on material you have already got firmly under control. Instead, taking the self-assessments will show you where that time could be much better spent. In this area you will begin with a few questions to evaluate quickly your understanding of material that is likely to appear on the CFAT. If you do poorly in certain areas, simply work carefully through those sections in the tutorials and then try the self-assessment again.

The second component, Tutorials, offers information in each of the content areas, as well as strategies to help you master that material. The tutorials are not intended to be a complete course, but cover general principles. If you find that you do not understand the tutorials, it is recommended that you seek out additional instruction.

Third, we offer two sets of practice test questions, similar to those on the CFAT Exam.

[Create a CFAT Study Plan](#)

Verbal Skills (VS)

THIS SECTION CONTAINS A SELF-ASSESSMENT AND VERBAL SKILLS TUTORIAL. The tutorials are designed to familiarize general principles and the self-assessment contains general questions similar to the verbal skills questions likely to be on the CFAT exam, but are not intended to be identical to the exam questions. If you do not understand parts of the tutorial, or find the tutorial difficult, it is recommended that you seek out additional instruction.

Tour of the Verbal Skills Content

First, let's look at what verbal skills are. Verbal skills on the CFAT are really just another name for vocabulary and analogies questions. The CFAT has four different types of verbal skills questions: synonyms, where you are required to choose a word with the same meaning, antonyms, where you are required to choose a word with the opposite meaning, and definition questions, where you are required to choose the definition of a given word. Let's review vocabulary first.

Here are examples of the three types of vocabulary questions.

1. Synonym example:

HOUSE means the same as

- a. Farm
- b. Residence
- c. Office
- d. Building

The answer is B, since residence and house are synonyms.

2. Antonym example:

SPEED is the opposite of

- a. Slow
- b. Quick
- c. Tardy
- d. Lazy

The answer is A. Slow and Speed are opposites.

3. Definition example:

AQUATIC animals live

- a. In trees
- b. On land
- c. Underwater
- d. In mountains

The answer is C. Aquatic means of, or relating to water.

The fourth type of question in the verbal skills section is verbal analogies. Verbal analogies questions give one pair of related words, and another word without its pair. You are asked to find a word that has the same relationship as the given pair. A variation on this style is you are given a pair and must choose a word pair with the same relationship from a list of pairs.

4. Verbal analogy example:

Writing : publishing cooking: _____

- a. baking
- b. eating
- c. cleaning
- d. washing

Answer: B

This is a steps-in-a-process relationship. You have to

write before publishing in the same way that you have to cook before eating. Note that you can of course, eat without cooking but that is not an option in this question.

Verbal Skills Self-Assessment

The purpose of the self-assessment is:

- Identify your strengths and weaknesses.
- Get accustomed to the CFAT format
- Extra practice – the self-assessments are almost a full 3rd practice test!
- Provide a baseline score in the verbal skills section

Since this is a self-assessment, and depending on how confident you are with verbal skills, timing is optional. The CFAT has 15 verbal skills questions to be completed in 5 minutes. The self-assessment has 40 questions, so allow about 20 minutes to complete this assessment.

The self-assessment is designed to give you a baseline score in the different areas covered. Here is a brief outline of how your score on the self-assessment relates to your understanding of the material.

75% - 100%	Excellent – you have mastered the content.
50 – 75%	Good. You have a working knowledge. Even though you can just pass this section, you may want to review the tutorials and do some extra practice to see if you can improve your mark.
25% - 50%	Below Average. You do not understand the problems. Review the tutorials, and retake this quiz again in a few days, before proceeding to the rest of the study guide.

Less than 25%	Poor. You have a very limited understanding of the problems. Please review the tutorials, and retake this quiz again in a few days, before proceeding to the rest of the study guide.
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The questions below are not the same as you will find on the CFAT - that would be too easy! And nobody knows what the questions will be and they change all the time. Below are general verbal skills questions. So, while the format and exact wording of the questions may differ slightly, and change from year to year, if you can answer the questions below, you will have no problem with the verbal skills section of the CFAT.

After taking the Self-Assessment, use the table above to assess your understanding. If you scored low, read through the tutorials and try again in a few days.

Verbal Skills Self-Assessment Answer Sheet

- | | |
|---------------------|---------------------|
| 1. (A) (B) (C) (D) | 21. (A) (B) (C) (D) |
| 2. (A) (B) (C) (D) | 22. (A) (B) (C) (D) |
| 3. (A) (B) (C) (D) | 23. (A) (B) (C) (D) |
| 4. (A) (B) (C) (D) | 24. (A) (B) (C) (D) |
| 5. (A) (B) (C) (D) | 25. (A) (B) (C) (D) |
| 6. (A) (B) (C) (D) | 26. (A) (B) (C) (D) |
| 7. (A) (B) (C) (D) | 27. (A) (B) (C) (D) |
| 8. (A) (B) (C) (D) | 28. (A) (B) (C) (D) |
| 9. (A) (B) (C) (D) | 29. (A) (B) (C) (D) |
| 10. (A) (B) (C) (D) | 30. (A) (B) (C) (D) |
| 11. (A) (B) (C) (D) | 31. (A) (B) (C) (D) |
| 12. (A) (B) (C) (D) | 32. (A) (B) (C) (D) |
| 13. (A) (B) (C) (D) | 33. (A) (B) (C) (D) |
| 14. (A) (B) (C) (D) | 34. (A) (B) (C) (D) |
| 15. (A) (B) (C) (D) | 35. (A) (B) (C) (D) |
| 16. (A) (B) (C) (D) | 36. (A) (B) (C) (D) |
| 17. (A) (B) (C) (D) | 37. (A) (B) (C) (D) |
| 18. (A) (B) (C) (D) | 38. (A) (B) (C) (D) |
| 19. (A) (B) (C) (D) | 39. (A) (B) (C) (D) |
| 20. (A) (B) (C) (D) | 40. (A) (B) (C) (D) |

1. PETAL is to FLOWER as FUR is to

- a. Coat
- b. Warm
- c. Woman
- d. Rabbit

2. PRESENT is to BIRTHDAY as REWARD is to

- a. Accomplishment
- b. Medal
- c. Acceptance
- d. Cash

3. SHOVEL is to DIG as SCISSORS is to

- a. Scoop
- b. Carry
- c. Snip
- d. Rip

4. FINGER is to HAND as LEG is to

- a. Body
- b. Foot
- c. Toe
- d. Hip

5. SLEEP IN is to LATE as SKIP BREAKFAST is to

- a. Hungry
- b. Early
- c. Lunch
- d. dinner

Answer Key

1. D

This is a part to whole relationship. A petal is to a flower as fur is to a rabbit.

2. A

A present celebrates a birthday, and a reward celebrates an accomplishment.

3. C

This is a functional relationship. A shovel is used to dig, and scissors are used to snip.

4. A

This is a parts to whole relationship. The finger is part of the hand in the same way that a leg is part of a body.

5. A

This is a cause and effect relationship. If you sleep in you will be late. If you skip breakfast you will be hungry.

Help with Building your Vocabulary

Vocabulary tests can be daunting when you think of the enormous number of words that might come up in the exam. As the exam date draws near, your anxiety will grow because you know that no matter how many words you memorize, chances are, you will still remember so few. Here are some tips which you can use to hurdle the big words that may come up in your exam without having to open the dictionary and memorize all the words known to humankind.

Build up and tear apart the big words. Big words, like many other things, are composed of small parts. Some words are made up of many other words. A man who lifts weights for example, is a weight lifter. Words are also made up of parts called prefixes, suffixes and roots. Often times, we can see the relationship of different words through these parts. A person who is skilled with both hands is ambidextrous. A word with double meaning is ambiguous. A person with two conflicting emotions is ambivalent. Two words with synonymous meanings often have the same root. Bio, a root word derived from Latin is used in words like biography meaning to write about a person's life, and biology meaning the study of living organisms.

- **Words with double meanings.** Did you know that the word husband not only means a man married to a woman, but also thrift or frugality? Sometimes, words have double meanings. The dictionary meaning, or the denotation of a word is sometimes different from the way we use it or its connotation.

- **Read widely, read deeply and read daily.** The best way to expand your vocabulary is to familiarize yourself with as many words as possible through reading. By reading, you are able to remember words in a proper context and thus, remember its meaning or at the very least, its use. Reading widely would help you get acquainted with words you may never use every day. This is the best strategy without

Problem Solving (PS)

THIS SECTION CONTAINS A SELF-ASSESSMENT AND PROBLEM SOLVING TUTORIAL. The tutorials are designed to familiarize general principles and the self-assessment contains general questions similar to the problem solving questions likely to be on the CFAT exam, but are not intended to be identical to the exam questions. If you do not understand parts of the tutorial, or find the tutorial difficult, it is recommended that you seek out additional instruction.

Tour of the Problem Solving Content

First, let's look at what types of questions are in the problem solving section. The CFAT has three different types of problem solving questions, word problems, sequences and visual acuity problems.

Here are examples of the three types of questions.

1. Word Problem example:

The total expense of building a fence around a square-shaped field is \$2000 at a rate of \$5 per meter. What is the length of one side?

- a. 80 meters
- b. 100 meters
- c. 40 meters
- d. 320 meters

Answer: B

Total length of the fence will be = $2000/5 = 400$ meters.
This will equal to the perimeter of the square field so the length of one side will be = $400/4 = 100$ meters.

2. Sequences example:

Consider the following sequence: 6, 12, 24, 48, ...
What number should come next?

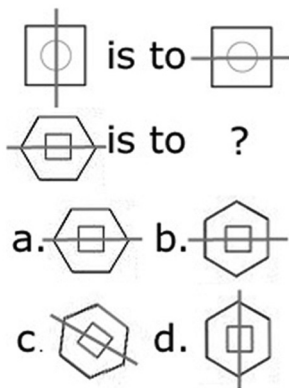
- a. 48
- b. 64
- c. 60
- d. 96

Answer: D

The numbers doubles each time.

3. Visual Acuity Example

Select the figure with the same relationship.



Answer: D

The relationship is the same figure flipped vertically, so the best choice is D.

Problem Solving Self-Assessment

Below is a Problem Solving self-assessment. The purpose of the self-assessment is:

- Identify your strengths and weaknesses.
- Get accustomed to the CFAT format
- Extra practice – the self-assessments are almost a full 3rd practice test!

Since this is a Self-assessment, and depending on how confident you are with problem solving questions, timing is optional. The CFAT has 30 problem solving questions to be completed in 30 minutes. The self-assessment has 25 questions, so allow about 25 minutes to complete this assessment.

The self-assessment is designed to give you a baseline score in the different areas covered. Here is a brief outline of how your score on the self-assessment relates to your understanding of the material.

75% - 100%	Excellent – you have mastered the content.
50 – 75%	Good. You have a working knowledge. Even though you can just pass this section, you may want to review the tutorials and do some extra practice to see if you can improve your mark.
25% - 50%	Below Average. You do not understand the problems. Review the tutorials, and retake this quiz again in a few days, before proceeding to the rest of the study guide.

Less than 25%	Poor. You have a very limited understanding of the problems. Please review the tutorials, and retake this quiz again in a few days, before proceeding to the rest of the study guide.
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Problem Solving Self-Assessment Answer Sheet

	A	B	C	D	E		A	B	C	D	E
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	21	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	22	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	23	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	24	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	25	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						
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13	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						
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15	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						
16	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						
17	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						
18	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						
19	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						
20	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						

1. Two trains leave from a station at the same time in the same direction. One with an average speed of 72 km/hr. and the other at 52 km/hr. After 20 minutes how far apart are they?

- a. 6.67 km.
- b. 17.33 km.
- c. 24.3 km.
- d. 41.33 km.

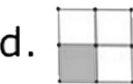
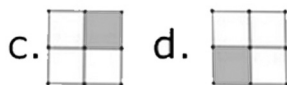
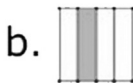
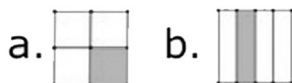
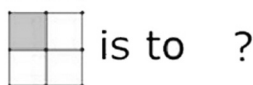
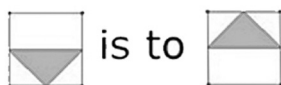
2. The average weight of 13 students in a class of 15 (two were absent that day) was 42 kg. When the remaining 2 are weighed the average became 42.7 kg. If one of the remaining students weighs 48 kg., how much does the other weigh?

- a. 44.7 kg.
- b. 45.6 kg.
- c. 47.4 kg.
- d. 46.5 kg.

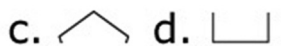
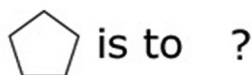
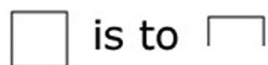
3. There are some oranges in a basket. By adding $\frac{8}{5}$ of the total to the basket the new total became 130. How many oranges were in the basket?

- a. 50
- b. 60
- c. 40
- d. 35

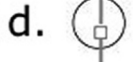
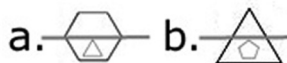
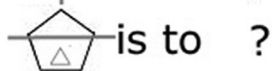
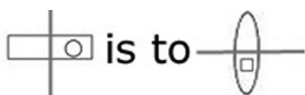
21.



22.



23.



Answer Key

1. A

Distance traveled by 1st train in 20 minutes = $(72 \times 20 \text{ minutes})/60 \text{ minutes} = 24 \text{ km}$. Distance traveled by 2nd train in 20 minutes = $(52 \times 20 \text{ minutes})/60 \text{ minutes} = 17.33 \text{ km}$. Difference in distance = $24 - 17.33 = 6.67 \text{ km}$.

2. D

Total weight of 13 students with average 42 will be = $42 \cdot 13 = 546 \text{ kg}$.

The total weight of the remaining 2 will be found by subtracting the total weight of 13 students from the total weight of 15 students: $640.5 - 546 = 94.5 \text{ kg}$.

$94.5 =$ the total weight of two students. One of these students weigh 48 kg, so;

The weight of the other will be = $94.5 - 48 = 46.5 \text{ kg}$

3. A

Suppose oranges in the basket before = x

Then: $X + 8x/5 = 130$

$5x + 8x = 650$ (Multiply both sides by 5)

$13x = 650$

$x = 650/13$

So $X = 50$

21 D

The relationship is the same figure flipped vertically, so the best choice is D.

22. C

The relation is the same figure with the bottom half removed.

23. D

The first pair is a rectangle with a circle inside and then an oval with a square inside. The given figures in the second pair has a triangle inside, so the match will be the circle with a square inside.

How to Solve Arithmetic Reasoning Problems

Most students find math word problems difficult. Tackling word problems is much easier if you have a systematic approach which we outline below.

Here is the biggest tip for studying word problems.

Practice regularly and systematically. Sounds simple and easy right? Yes it is, and yes it really does work.

Word problems are a way of thinking and require you to translate a real word problem into mathematical terms.

Some math instructors go so far as to say that learning how to think mathematically is the main reason for teaching word problems.

So what do we mean by practice regularly and systematically? Studying word problems and math in general requires a logical and mathematical frame of mind. The only way you can get this is by practicing regularly, which

Sequences Tutorial

Answering sequence questions is a skill of recognizing patterns, and the best way to improve is to familiarize yourself with the different types, and to practice. Here is a typical example:

Consider the following series: 26, 21, ..., 11, 6. What is the missing number?

- a. 27
- b. 23
- c. 16
- d. 29

Looking carefully at the sequence, we can see right away that each number is 5 less than the previous number, so the missing number is 16.

We can re-write this sequence in mathematical notation as, $a^1, a^2, a^3, \dots a^n$, where n is an integer and a^n is called its n th term. And we can write the sequence as a formula, where an integer is substituted in the place of the variable in the formula and the terms are obtained.

For example, let us consider the sequence 5, 10, 15, 20, ...

- Here, $a^n = 5n$. The formula $a^n = 5n$.
- The n th term of a sequence can be found by plugging n into the formula for the sequence. So for example, if we wanted to find the 100th number in this sequence, we would substitute $n=100$ in the formula and get 500.

Types of Number Sequence Problems

1. Simple addition or subtraction – each number in the sequence is obtained by adding a number to the previous number.

For example, 2, 5, 8, 11, 14

Note: the notation used here denotes the number in the sequence, so, $a^1 = 2$ and $a^2 = 5$. The superscript numbers are NOT exponents.

Each number in the sequence is obtained by adding 3 to the previous number, which we could write as, $a^{n+1} = a^n + 3$. Or, simpler still, if $n = 1$, then $a^1 = 2$ from the given information, and a^2 is 5. So, $a^{n+1} = a^n + 3$, or $a^2 = a^1 + 3$.

Spatial Ability (SA)

THIS SECTION CONTAINS A SELF-ASSESSMENT AND SPATIAL ABILITY TUTORIAL. The tutorials are designed to familiarize with general principles and the self-assessment contains general questions similar to the spatial ability questions likely to be on the CFAT exam, but are not intended to be identical to the exam questions. If you do not understand parts of the tutorial, or find the tutorial difficult, it is recommended that you seek out additional instruction.

Spatial Ability Self-Assessment

The purpose of the self-assessment is:

- Identify your strengths and weaknesses.
- Get accustomed to the CFAT format
- Extra practice – the self-assessments are almost a full 3rd practice test!

Since this is a Self-assessment, and depending on how confident you are with spatial ability, timing is optional. The CFAT has 15 spatial ability questions to be completed in 15 minutes. The self-assessment has 10 questions, so allow about 10 minutes to complete this assessment.

The self-assessment is designed to give you a baseline score in the different areas covered. Here is a brief outline of how your score on the self-assessment relates to your understanding of the material.

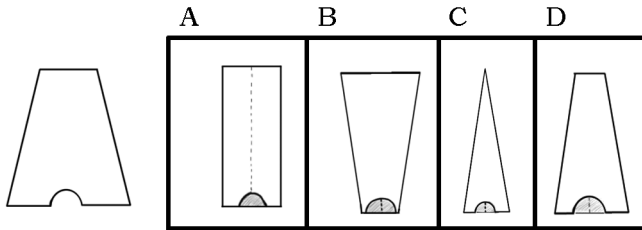
75% - 100%	Excellent – you have mastered the content.
50 – 75%	Good. You have a working knowledge. Even though you can just pass this section, you may want to review the tutorials and do some extra practice to see if you can improve your mark.
25% - 50%	Below Average. You do not understand the problems. Review the tutorials, and retake this quiz again in a few days, before proceeding to the rest of the study guide.
Less than 25%	Poor. You have a very limited understanding of the problems. Please review the Tutorials, and retake this quiz again in a few days, before proceeding to the rest of the study guide.

The questions below are not the same as you will find on the CFAT - that would be too easy! And nobody knows what the questions will be and they change all the time. Below are general spatial ability questions. So, while the format and exact wording of the questions may differ slightly, and change from year to year, if you can answer the questions below, you will have no problem with the spatial ability section of the CFAT.

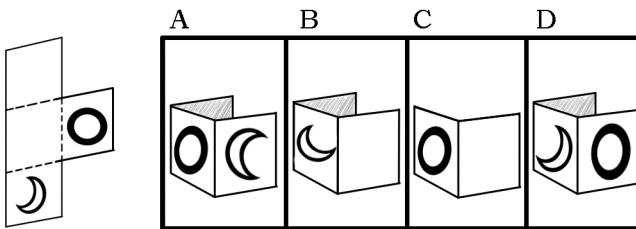
**Spatial Ability Self-Assessment
Answer Sheet**

	A	B	C	D
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2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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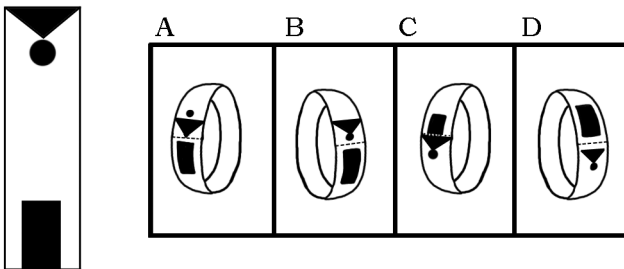
1. When the two longest sides touch what will the shape be?



2. When folded, what pattern is possible?



3. When folded into a loop, what will the strip of paper look like?



Answer Key

1. **D**
2. **A**
3. **C**

Practice Test Questions Set 1

THE PRACTICE TEST PORTION PRESENTS QUESTIONS THAT ARE REPRESENTATIVE OF THE TYPE OF QUESTION YOU SHOULD EXPECT TO FIND ON THE CFAT. The questions below are not the same as you will find on the CFAT - that would be too easy! And nobody knows what the questions will be and they change all the time. Below are general questions that cover the same areas as the CFAT. So, while the format and exact wording of the questions may differ slightly, and change from year to year, if you can answer the questions below, you will have no problem with the CFAT.

For the best results, take these practice test questions as if it were the real exam. Set aside time when you will not be disturbed, and a location that is quiet and free of distractions. Read the instructions carefully, read each question carefully, and answer to the best of your ability.

Use the bubble answer sheets provided. When you have completed the practice test questions, check your answer against the answer key and read the explanation provided.

Verbal Ability Answer Sheet

	A	B	C	D	E		A	B	C	D	E
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	21	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Spatial Ability Answer Sheet

	A	B	C	D
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Problem Solving Ability Answer Sheet

	A	B	C	D	E		A	B	C	D	E
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	21	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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20	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						

Practice Test Questions Set 2

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Use the bubble answer sheets provided. When you have completed the practice test questions, check your answer against the answer key and read the explanation provided.

Verbal Ability Answer Sheet

	A	B	C	D	E		A	B	C	D	E
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3	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	23	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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20	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>						

Spatial Ability Answer Sheet

	A	B	C	D
1	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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14	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Problem Solving Ability Answer Sheet

	A	B	C	D	E		A	B	C	D	E
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Practice Tests 3 4 and 5

Join us online for over 190 more practice questions (completely FREE) including a timed CFAT Test to get ready for the real thing!

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<https://www.test-preparation.ca/product/cfat/>

Conclusion

CONGRATULATIONS! You have made it this far because you have applied yourself diligently to practicing for the exam and no doubt improved your potential score considerably! Getting a good score on the CFAT is a huge step in a journey that might be challenging at times but will be many times more rewarding and fulfilling. That is why being prepared is so important.

Study then Practice and then Succeed!

Good Luck!

THANKS!

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<https://www.facebook.com/CompleteTestPreparation/>



<https://www.youtube.com/user/MrTestPreparation>

[Full Version](https://www.test-preparation.ca/product/cfat/)

<https://www.test-preparation.ca/product/cfat/>

ONLINE RESOURCES

How to Prepare for a Test - The Ultimate Guide

<https://www.test-preparation.ca/the-ultimate-guide-to-test-preparation-strategy/>

Learning Styles - The Complete Guide

<https://www.test-preparation.ca/learning-styles/>

Test Anxiety Secrets!

<https://www.test-preparation.ca/how-to-overcome-test-anxiety/>

Time Management on a Test

<https://www.test-preparation.ca/test-tactics-the-time-wise-approach/>

Flash Cards - The Complete Guide

<https://www.test-preparation.ca/test-preparation-with-flash-cards/>

Test Preparation Video Series

<https://www.test-preparation.ca/video-series-on-test-preparation-multiple-choice-strategies-and-how-to-study/>

How to Memorize - The Complete Guide

<https://www.test-preparation.ca/a-guide-to-memorizing-anything-easily-and-painlessly/>

[Full Version](https://www.test-preparation.ca/product/cfat/)

<https://www.test-preparation.ca/product/cfat/>

Learn and Practice Proven multiple choice strategies!

If you are preparing for an exam, you probably want all the help you can get! You will learn:

- **Powerful multiple choice strategies** - Learn and then practice. Answer key for all practice questions with extensive commentary including tips, shortcuts and strategies.
- **How to prepare for a multiple choice exam** - make sure you are preparing properly and not wasting valuable study time!
- **Who does well on multiple choice exams** - and how to make sure you do!
- **How to handle trick questions** - usually there are one or two trick questions to separate the really good students from the rest - tips and strategies to handle these special questions.
- **Step-by-step strategy for answering multiple choice** - on *any* subject!

Also included:

- How to prepare for a test
- How to psych yourself up for a test
- How to take a test - What you *must* do in the test room
- Common mistakes on a test - and how to avoid them
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